

Introduction to Food Security



Unit Summary

(Instructional Time for Unit is approximately 420 minutes or seven x 60-minute classes)

In this three-part (lesson) unit, students will deepen their understanding of food insecurity in Canada (particularly at the individual and community levels), and develop strategies to address it, culminating in the creation of call-to-action stop motion videos aligned with Sustainable Development Goal 2: Zero Hunger.

Lesson 1: Video Reflection

Students will learn about "food security" and "food insecurity" in Canada. They'll discover what threatens food security, like money problems and food distribution issues. Then, they will brainstorm ways to help fight food insecurity in their communities, like supporting local food banks and raising awareness about nutrition. **This lesson can stand alone without needing to complete the two lessons that follow.**

Lesson 2: Talking Circle

Students will further refine their understanding of food insecurity. They will engage in a Talking Circle, listening attentively to learn about the root causes of food insecurity. They will also practice problem-solving skills by brainstorming solutions to address food insecurity.

Lesson 3: Call-to-action Stop Motion Videos

Students will explore the root causes and impacts of food insecurity, aiming to achieve "Zero Hunger". They will create call-to-action stop motion videos, gaining skills in video production and collaboration. This lesson focuses on understanding food insecurity, producing stop motion videos to raise awareness on social issues (such as food insecurity).